

Primary Care Visit Note

Date: 2025-04-07

Chief Complaint: Fatigue and joint pain

HPI: 42 y/o female with 6+ months fatigue, joint pain (hands/knees), photosensitive facial rash, intermittent low-grade fevers, brain fog.

PMH: Hypothyroidism, mild depression.

FH: Autoimmune thyroid disease, rheumatoid arthritis.

Assessment: Likely autoimmune etiology - consider SLE workup.

Plan: Order ANA, dsDNA, ESR/CRP, CBC, urinalysis, thyroid panel.